TOPIC: Diving Into Summer? Check Out: Summer Sanity Strategies

Summary: Founder of Confident Parents, Confident Kids talks about taking some time over the coming weeks to do some collective summer dreaming while establishing some “lite” routines, in this way your summer will be filled with cooperation, shared responsibility, and opportunities for those precious moments of spontaneity — the ones that truly define the summer. So with that in mind, here are the ways in which we’ll establish a foundation for fun. Perhaps some of these tips will help your household enjoy the summer as well.

Use the link here to read more:
https://confidentparentsconfidentkids.org/2018/05/31/diving-into-summer-check-out-summer-sanity-strategies/

Topic : 32 Fun Activities for 1-Year Olds (You’ll Never Run Out of Things to Do)

Summary: While it doesn’t always take much, continuing to find fun activities for 1-year olds can sometimes be a chore. If you don’t provide them with enough stimulation, they can get cranky. And if your little one is mobile already, he or she can get into trouble as well. Keeping them occupied with fun activities is key. And it’s not only so they don’t get bored and don’t bother you. It’s to help them with their brain and motor development too.

Use to link to read more:
http://www.cynicalparent.com/fun-activities-for-1-year-olds/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes

Topic : Everyday Learners: Dads help children succeed through reading

Summary: Reading with your children can create fun memories and a stronger bond with parent and child.
Amy Upchurch, parent engagement and transitions coordinator at Mountainland Head Start, has seen many benefits for children that come when their fathers read with them.

Use this link to read more:


**Topic : How important is it for you to be involved in your child’s early childhood education?**

**Summary:** Being a parent is a full time job. It can be hard to balance everything and sometimes that means making tough choices between being involved with your child’s activities and other things that require your attention. So how important is it to be involved in your child’s early childhood education?

Research shows there are benefits to the parent and child when parents are involved. Children whose parents are involved in their early childhood education benefit by:

- Enhancing their self-esteem.
- Improving their attitude about school.
- Increasing consistent attendance at school.
- Creating a school to home connection.

http://www.canr.msu.edu/news/how_important_is_it_for_you_to_be_involved_in_your_childs_early_childhood

**Topic : My kids have gained these 6 things through toy minimalism**

**Summary:** This author started using toy minimalism in her house and has never looked back. Children can gain six things by slimming down on the toys.

Read more here:

https://www.simplefamilies.com/getting-started-with-toy-minimalism/
**Topic: Starting a Preschool Journal**

Summary: This author has been thinking about motor skills and writing activities for her preschooler. 

“All my life I have been a diarist but since having kids, I have not kept up as I should. I wondered if introducing the concept of preschool journaling would get me back in the game. Maybe we could share some journaling time.”

Explore this topic here:  

https://www.whatdowedoallday.com/pre-school-journaling/?utm_source=MadMimi&utm_medium=email&utm_content=The+classic+children%27s+books+you+may+have+missed%21&utm_campaign=20180116_m143631087_Why+you+should+celebrate+2018+like+it%27s+1918&utm_term=Develop+pre-writing+skills+and+help+your+child+start+a+journal

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**Topic: Teaching parents how to teach their toddlers: Seattle-area program yields lasting benefits**

Summary: Parents were approached: Did they want help prepare their child for school? If so the Parent-Child Home Program would send trained visitors to spend 30 minutes with them twice a week, demonstrating how to get the most educational value out of playing and reading with their 2 and 3 year olds.

Read more here:  

https://www.seattletimes.com/education-lab/teaching-parents-how-to-teach-their-toddlers-seattle-area-program-yields-lasting-benefits/

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**Topic: 7 things that make parenting a school kid harder than a daycare kid**

Summary: according to Jamie Agins Lincow, who wrote in a recent article for Working Mother Magazine that the daycare to school transition is “exhausting”.
Find out more here:


**Topic: Families Matter for STEM Learning**

Summary: Student success in the world today requires strong science, technology, engineering, and math (STEM) skills and the capacity to apply these skills in everyday life. As a child’s first teacher, families play a critical role in the development of STEM capacities.

Research shows there are three main ways that families strengthen STEM learning from early childhood through adolescence:

Watch this short video:


**Topic: How important is it for you to be involved in your child’s early childhood education?**

Summary: Research shows there are benefits to the parent and child when parents are involved in their child’s early childhood education.

Read more here:

https://www.canr.msu.edu/news/how_important_is_it_for_you_to_be_involved_in_your_childs_early_childhood

**Topic: Parents: How to Build Empathy and Prevent Bullying**

Summary: The survey, commissioned by the Cartoon Network and designed by VJR Consulting in consultation with the [Making Caring Common project](https://www.makingcaringcommon.org) (MCC) at Harvard University’s Graduate School of Education, found that the vast majority of young children...
in this country have experienced bullying and that they look to adults to set an example about how to treat others. Find out more here:

http://www.thejournal-news.net/online_features/community_cares/parents-how-to-build-empathy-and-prevent-bullying/article_6bec9630-588e-57dc-8307-5ae62451adea.html

**Topic:** Parent-community-engagement-framework for parents of those children in prep – year 2

**Summary:** 13 tips for you


**Topic:** Supporting parents' efforts to help their children develop during the preschool years improves a child's school readiness, reduces behavior problems, enhances social skills, and promotes academic success.

**Summary:** Children begin learning at home before they ever reach the classroom, but many families face barriers to providing high-quality early educational opportunities. There are a number of research-based strategies to bolster parent engagement in ways that improve child outcomes.

Find out more here: https://www.acesconnection.com/blog/parent-engagement-practices-improve-outcomes-for-preschool-children-rwjf-org

**Topic:** Teaching in King County’s living rooms: Parent coaches share what they’ve learned

**Summary:** The key to the success of King County’s Parent-Child Home Program, featured Wednesday in The Seattle Times, is the people hired to visit families and help parents understand how to get the most educational value out of playing and reading with their 2- and 3-year-olds.

Explore more about this topic here: https://www.yakimaherald.com/news/education/ed_lab/teaching-in-king-county-s-living-rooms-parent-coaches-share/article_c0947c55-bc67-5a18-ab3d-8ab81b3e82c0.html
**Topic: The Power of Introductions: Paving the Way for your Child’s New Friendships**

**Summary:** It’s been said that the sound of our own name can be magical. It’s often true and particularly so for a child. I remember the principal saying “Hello Jenny.” to me in the school hallway. And I was in awe. “The principal knows my name?!” I thought.

When your children are entering a new classroom and grade level, there will likely be at least a few new faces they will encounter as the school year begins. We, as adults, sometimes skip or simply forget introductions between children. Teachers may introduce themselves and miss out on the chance to introduce students to one another. For teachers in classrooms, after-school program staff, coaches for sports teams, or Moms and Dads picking up their children on the playground, ensuring that there are full rounds of introductions on multiple occasions is an essential step toward building a sense of connectedness and community. Our name is an important part of our self-identity.

Learning names can be a doorway to building relationships. As educator and author Roxann Kriete wrote: “Naming is often the beginning of knowing.”

Read more here: https://confidentparentsconfidentkids.org/2018/08/21/the-power-of-introductions-paving-the-way-for-your-childs-new-friendships/

**TOPIC: Helping Children Fall Asleep: Sleep Onset Problems in Children**

**Summary:** If you’re the tired parent of a young child, you may wonder if your child’s sleep problems are normal. Could your child have insomnia? Can toddlers have sleep disorders? These concerns are perfectly legitimate, because many infants, toddlers and preschoolers have difficulty falling and staying asleep.

Read more here: https://www.tuck.com/sleep-onset-association-disorder/
TOPIC: Bedtime Reading for Children

Summary: Bedtime stories play an important role in your child’s development. Not only do bedtime stories create an opportunity for parents to bond with their kids, but reading to a little one at the same time night after night can help them establish a healthy sleep routine.

Read more : https://www.tuck.com/best-bedtime-stories/

TOPIC: Sleep Disorders in Children

Summary: Kids are particularly prone to parasomnias. Some can be scary to the child and to the parents, although many are not medically serious and disappear before adolescence. Such phenomena as night terrors, sleepwalking, wetting the bed, and talking while asleep are more common in children, although they can occur at any age.

Read more here: https://www.tuck.com/children-sleep-disorders/